

Post procedure (head and neck) instructions whilst taking blood thinning medication.

It is quite typical for there to be no immediate postoperative bleeding due to the adrenalin in the local anaesthetic that we use.

Once the adrenaline effect has worn off and you lay down on the first night, it is not uncommon for there to be some bleeding, especially for head and neck excisions.

To reduce the risk of your wound bleeding following the procedure we will use a dressing that will apply extra pressure to the area if possible.

Please apply an ice pack for 5 minutes every hour, after you have had the procedure on day 1, until you go to bed for the night.

When you get into bed for the night, elevate your head using 2 pillows to sleep on first night.

If the wound starts to bleed apply firm pressure for 10 minutes, which should help to stop the bleeding.

If the wound is still bleeding in the morning, please call the Skin Wise Healthcare clinic on **8230 6999** and speak with the nurse for further instructions.